






Lead Instructors For 2022 (rev: 09/07/21)

Names	Classes	Phone Numbers
Amy Wheeler	Neuromuscular	757-287-5751
Danielle Lambert	 Spa Techniques Prenatal Oncology Aromatherapy	757-647-3833
Kathy Duval	 BodyMind Craniosacral Anatomy-Day/Night Pathology-Day/Night Prep For Licensing	757-965-9000
Maureen Moore	 Deep Tissue Medical Massage Sports Massage	757-286-5383
Rick Jeffers	 Basic Massage-Day/Night Myofascial Release Cupping Reflexology Deep Tissue Deep Stone	757-642-5480
Wolfgang Luckmann	 Lomi Lomi Avurvedic	904-610-9489